

EMERGENCY TIPS

Emergency Checklist

Supplies to carry in case of an emergency include:

- Emergency numbers for police in the area in which you will be traveling (call Information)
- Basic first aid kit (provided by Chapter)
- Disposable camera (provided by Chapter)
- Cell phone
- Copies of the Injury Report Form

Role Assignments

Key roles to assign before a ride include who:

Is certified to give first aid? _____

Calls for emergency assistance (911)? _____

Takes the other riders to a safe place? _____

Takes pictures of the scene? _____

Talks to police officers? _____

Handles the media if they show up? _____

Fills out and submits the injury report? _____